



**2024**

# **NEWSLETTER**

 **ECUMEN<sup>®</sup>**  
Seasons at Maplewood

# Activities for April

## Show & Tell

**Tuesday, 9<sup>th</sup> at 1:00pm – Great Room**

Come to the Great Room & bring something special that you made or that you would like to show off or bring a picture to share.

## Tech Time

**Tuesday, 9<sup>th</sup> at 1:00pm – Great Room**

If you need help with your android, iPhone, iPad, or any devices. Please meet in the Great Room and we'll help assist you.

## Art Class

**Tuesday, 23<sup>rd</sup> at 1:00pm – Activity Room**

Come down and join us and make your spring flower vases.

## Manicures

**Monday, 15<sup>th</sup> at 1:00pm – Art Room**

If you would like to get a manicure, sign up at the front desk.

## Massage

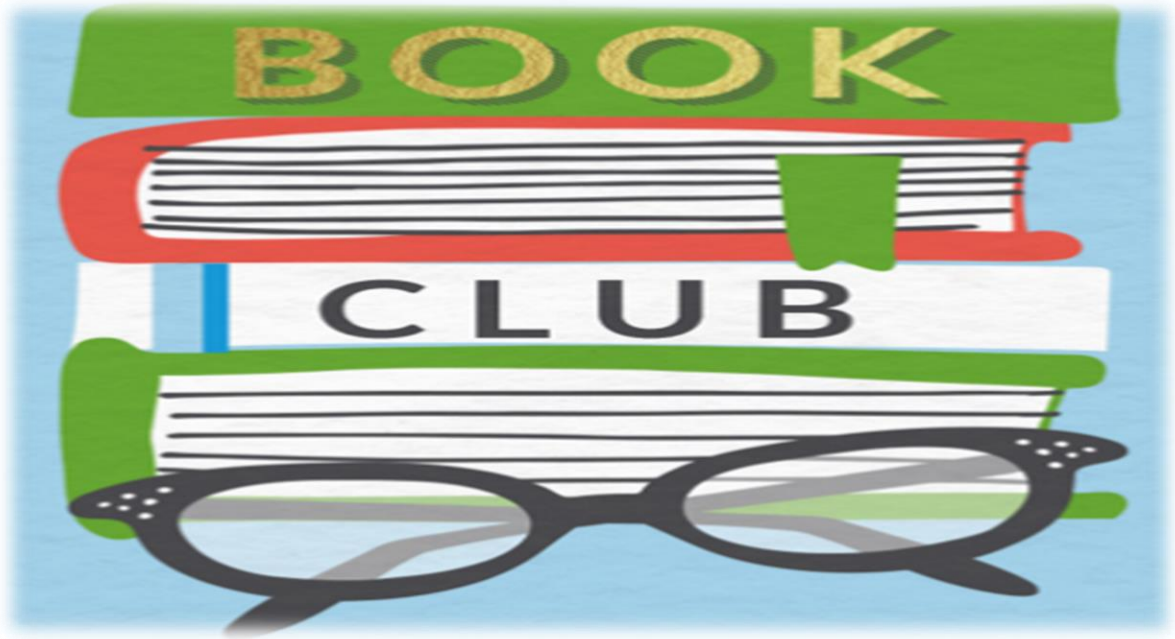
**Friday, 12<sup>th</sup> 10:30am – Harvest Room**

If you would like to get a massage, sign up at the front desk.

## Sewing/Mending Available

**Friday, 26<sup>th</sup> 11am – Activity Room**

Please contact Activity Staff if you have any items to be mended. Thank You



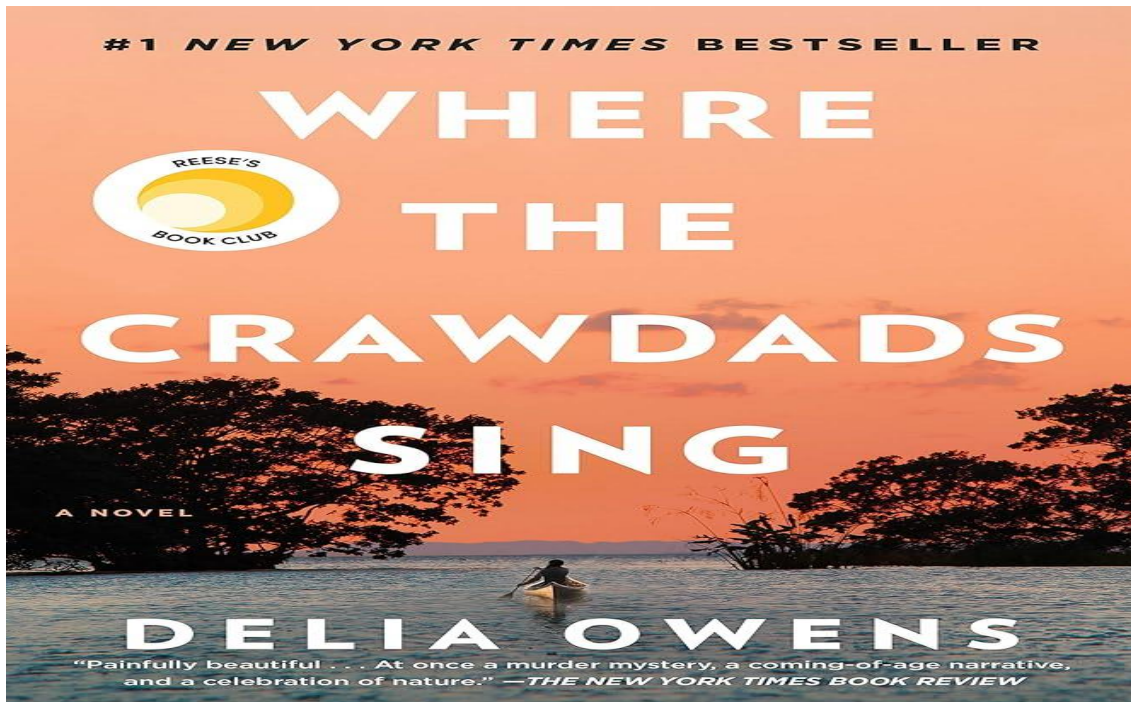
Friday, April 5<sup>th</sup> at 10am in the Art Room

Ramsey County Library has created **Book Club in a Bag!**  
A resource notebook with discussion guides, author information,  
bookmarks, suggested reading lists, web resources, and more.

Each Month we will have a New Book to Check out for the Month.  
(1<sup>st</sup> Friday of every Month)

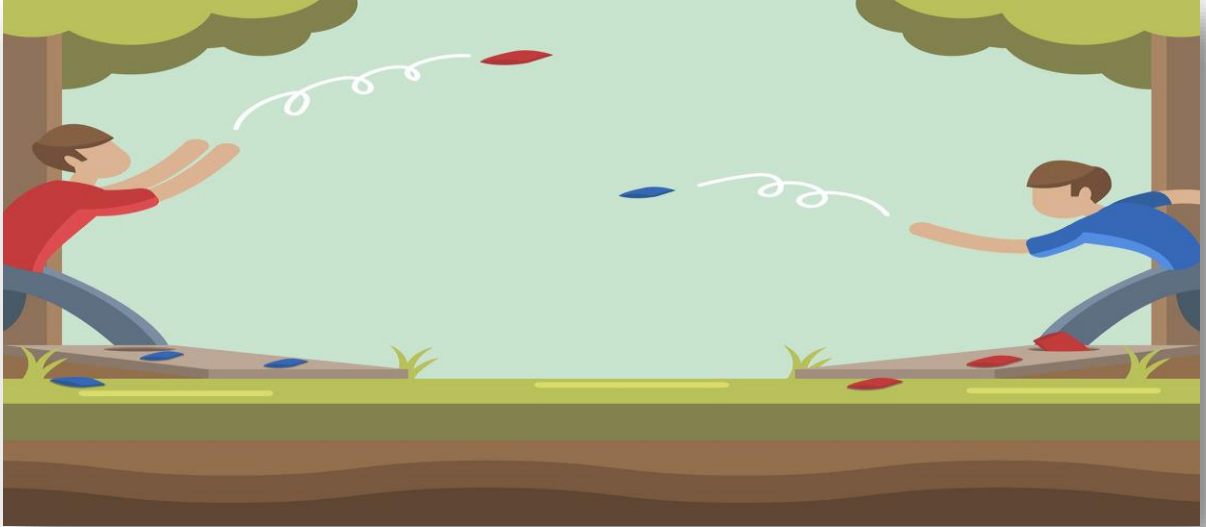
Book of the Month for April  
“Where the Crawdads Sing”

# April Book of the Month



For years, rumors of the “Marsh Girl” have haunted Barkley Cove, a quiet town on the North Carolina coast. So, in late 1969, when handsome Chase Andrews is found dead, the locals immediately suspect Kya Clark, the so-called Marsh Girl. But Kya is not what they say. Sensitive and intelligent, she has survived for years alone in the marsh that she calls home, finding friends in the gulls and lessons in the sand. Then the time comes when she yearns to be touched and loved. When two young men from town become intrigued by her wild beauty, Kya opens herself to a new life—until the unthinkable happens.

# Bean Bags Tournament



**Please join us in the Fitness Center on Friday, April 12<sup>th</sup> at 10:30am for a Friendly Bean Bag Competition against Fellow Lakeview Commons Residents.**

**Friday, April 12<sup>th</sup>**

**10:30am**

 **ECUMEN<sup>®</sup>**  
Seasons at Maplewood

~ **VS** ~

 **ECUMEN<sup>®</sup>**  
Lakeview Commons

**April Outing: Como Conservatory**



**Friday, 26<sup>th</sup>**  
**11:00-1:30pm**

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Pick up at 10:30am  
Please bring money for Outing

# Lunch-In:



**Sign Up at the Front Desk**

**Sign up by 4:00pm Thursday.**

**Please pay before you sign up and  
please include tax.**

**Friday, April 19<sup>th</sup>**

**12:00pm**

**In the Harvest Room**

# April Movies



Please see the Bulletin Board outside the Theater room for upcoming movie announcements. The receptionist can help with TV for HBO Max Movies, DVD's & Remote if needed. Feel free to put Movie ideas in our Movie Suggestion Box in the Theater by TV.  
Thank You!

**Velveteen Rabbit** - Wed, April 3<sup>rd</sup> 6pm (DVD)

**The Book Thief** – Sat, April 6<sup>th</sup> 2pm (DVD)

**As Good As It Gets** - Sun, April 7<sup>th</sup> 2pm (DVD)

**Chitty Chitty Bang Bang** - Wed, April 10<sup>th</sup> 6pm (DVD)

**Super Troopers** - Sat, April 13<sup>th</sup> 2pm (DVD)

**The Little Rascals** - Sunday, April 14<sup>th</sup> 2pm (DVD)

**The Hiding Place** - Wed, April 17<sup>th</sup> 6pm (DVD)

**Short Circuit** - Sat, April 20<sup>th</sup> 2pm (DVD)

**The Mary Tyler Moore Series** - Sun, April 21<sup>th</sup> 2pm (DVD)

**The Life of Pi** - Wed, April 24<sup>th</sup> 6pm (DVD)

**Where The Crawdads Sing** - Sat, April 27<sup>th</sup> 2pm (DVD)

**The Mary Tyler Moore Series** - Sun, April 28<sup>th</sup> 2pm (DVD)



# Monthly Meetings

## Resident Council

Meets at 10:00am First Monday of the Month in the  
Harvest Room  
Residents Only

**Monday, April 8<sup>th</sup>**

## Food Forum

Meets at 10:00am Thursdays before All Resident Meeting  
Theater

Dining Manager & Residents

**Thursday, April 11<sup>th</sup>**

## All Residents Meeting

Meets at 10:00am 3<sup>rd</sup> Wednesday of the Month in the  
Theater

All Management Staff & Residents

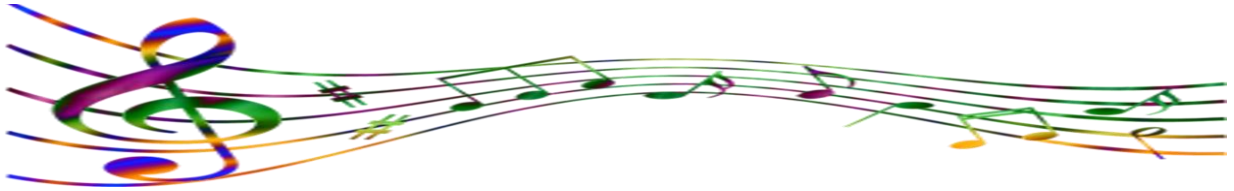
**Wednesday, April 17<sup>th</sup>**

## Activity Meeting

Meets at 10:00am 3<sup>rd</sup> Friday of the Month in Art Studio  
Life Enrichment & Residents

**Friday, March 19<sup>th</sup>**

# April Happy Hour Music Specials



## **Polka Music**

**Thursday, April 11<sup>th</sup>**

**2:00pm**

Dinig Room

## **Monthly Birthdays & Welcome New Residents Music with Mark Johnson**

**Thursday, April 18<sup>th</sup>**

**1:30pm**

Dining Room

## **Polka Music**

**Thursday, April 25<sup>th</sup>**

**1:30pm**

MC-1

# April Dress Up Days

**Friday 5<sup>th</sup> – Wear MN Twins Gear**

**Friday 12<sup>th</sup> – Wear Tie-Dye T-Shirt**

**Friday 19<sup>th</sup> – Wear Green and Blue**

**Friday 26<sup>th</sup> – Wear Denim Gear**



**Grief Support Series**  
**(Meet 1<sup>st</sup> Wednesday of every month)**  
**Wednesday, April 3<sup>rd</sup> at 10:30am**



Please join us in the Harvest Room

If you have a hidden talent or have an interesting story to share or if you know of someone at Seasons at Maplewood or a speaker about something informative, please let us know so we can have you in the Monthly Spotlight.

Please contact: Life Enrichment Team at (651) 760-3510



# Veteran's Group

(Meets 2<sup>nd</sup> Wednesday of every Month)

Wednesdays

10:30am

Harvest Room

Wed, April 10<sup>th</sup>



# Catholic Services in Theater

1<sup>st</sup> Tuesday of the Month

Resident Led Rosary at 2:45pm

1<sup>st</sup> Wednesday of the Month

St. Peters Catholic Mass with Father at 3:00pm

Tuesdays at 2:45pm & 3:00pm

St. Peters Rosary & Catholic Word &  
Communion

Thursdays 11:00am

Temporarily looking for volunteer to Lead  
Resident Led Rosary. If you are interested,  
please contact Life Enrichment!

# ECUMEN<sup>®</sup> Seasons at Maplewood

## Core Value of the Month April

In the Month of April, we will focus on Empower



This Month we will have you fill out a slip with name of Ecumen Staff or Resident that gave exceptional service. We will give them a gift & acknowledge them the beginning of each month.

Make sure you give the front desk the name of the person so we can keep track of everyone for the month. Every month we will have an appreciation ceremony & hand out certificates to

Thank them for going Above & Beyond!

**HonorServeInnovateEmpower**

We are recognizing employees that support our mission to advocate for older adults.

If you have any questions, please contact Lynn in Life Enrichment



## Shopping Bus Loops

New Trax offers Shopping/Outing

Bus Trips on Tuesdays at 9:50am for  
Seasons at Maplewood Residents with a  
Voluntary Donation...Pay what you wish.

Sign up at the front desk if you're interested.

Please see Map & info of Maplewood/  
North St. Paul area Loop. Once you are picked  
up, Let the driver know which stop  
you wish to visit. You will have approximately  
1 hour at your destination once you are dropped  
off. Your driver will communicate about what  
time they will return for your ride home. Please  
be on time, Thank You.





**Schwan's/YELLOH in the Lobby**

**Schwan's is now YELLOH! will be  
stopping by in the Lobby every  
other Monday between  
10:15 to 10:45am**

**April 1<sup>st</sup>, 15<sup>th</sup> & 29<sup>th</sup>**

You can place an order ahead of time at  
[yelloh.com](http://yelloh.com) or call (1-888)724-9267

**Check or Credit/Debit Cards only \*NO CASH**



**Volunteers wanted to help create welcome baskets for our new residents at SAM.**

**Items needed are:**

- Toilet paper
- Toiletries (travel size toothpaste, toothbrush, mouthwash, dental floss, Kleenex)
- Garbage bags
- Crossword puzzles/word finds.
- Hand soap
- Notepad/pen
- Chapstick
- Lotion
- Laundry detergent (sample size)
- Snacks (granola bars, rice Krispie treats, a bottled water, etc...)

Any donations would be greatly appreciated to help our new residents feel at home while settling in. Thank you so much!!!



# **Transportation Numbers**

## **Metro Mobility Bus- 651-602-1120**

- **Fill out form**
- **Get a ToGo pass with debit card and deposit onto it.**

## **T-Plus Aide Cab - 612-331-8294**

- **Must have membership with Metro Mobility**
- **\$5 cash for any medical trip**
- **Pickup ride more reliable**

## **Transit Link – 651-602-5465**

- **\$4.50 Weekdays**
- **\$3.50 off peak**
- **Cash or Go To Card from Metro Mobility**