



2024

NEWSLETTER

 **ECUMEN[®]**
Seasons at Maplewood

Activities for March

Show & Tell

Tuesday, 5th at 1:00pm – Great Room

Come to the Great Room & bring something special that you made or that you would like to show off or bring a picture to share.

Tech Time

Tuesday, 5th at 1:00pm – Great Room

If you need help with your android, iPhone, iPad, or any devices. Please meet in the Great Room and we'll help assist you.

Art Class

Tuesday, 12th at 1:00pm – Activity Room

Come down and join us and make your own Rosary.

Manicures

Monday, 11th at 1:00pm – Art Room

If you would like to get a manicure, sign up at the front desk.

Massage

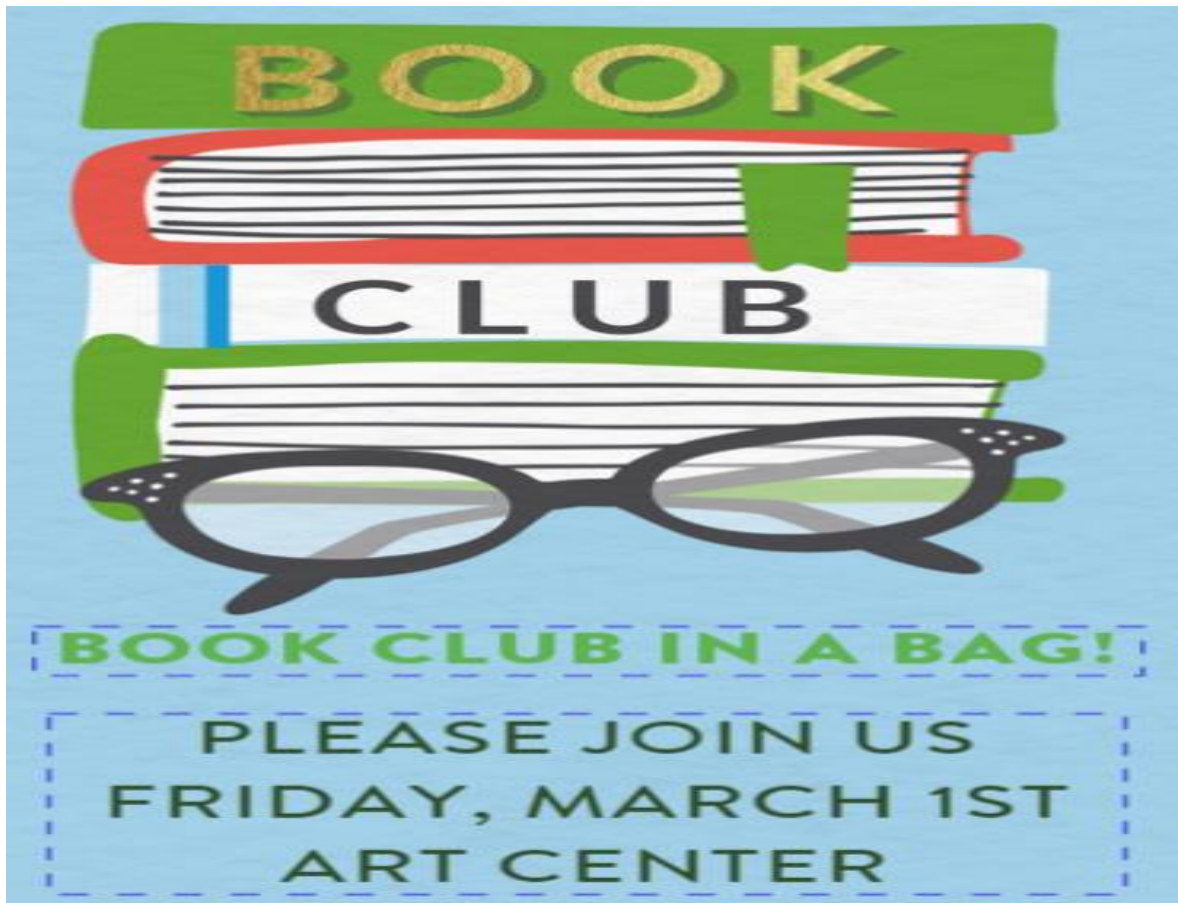
Friday, 15 10:30am – Harvest Room

If you would like to get a massage, sign up at the front desk.

Sewing/Mending Available

Friday, 22nd 11am – Activity Room

Please contact Activity Staff if you have any items to be mended. Thank You

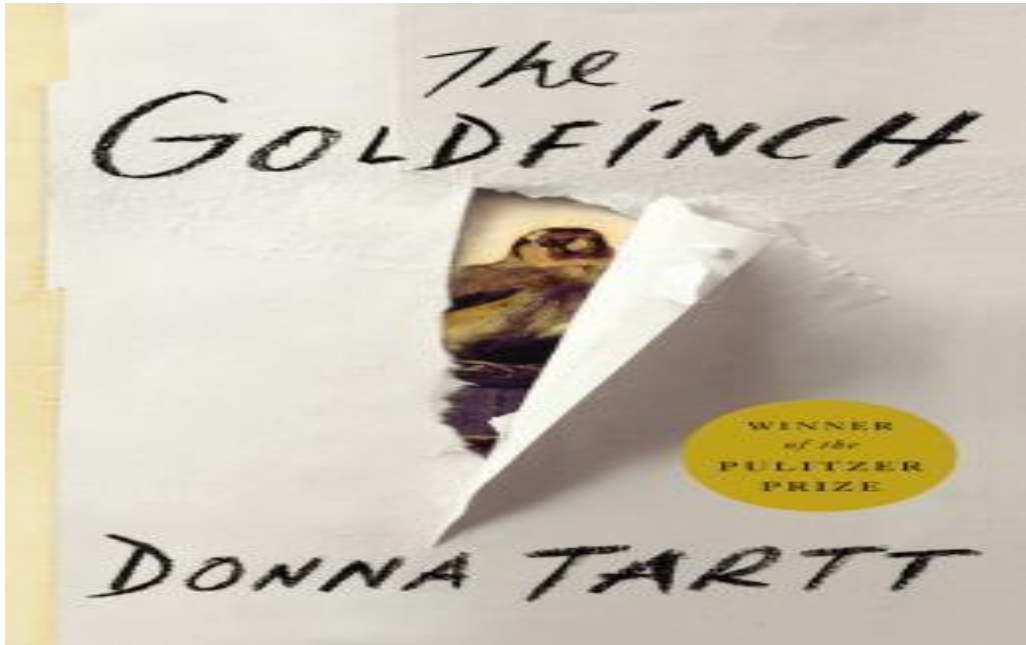


Ramsey County Library has created **Book Club in a Bag!**
A resource notebook with discussion guides, author information,
bookmarks, suggested reading lists, web resources, and more.

Each Month we will have a New Book to Check out for the Month
(1st Friday of every Month)

Our 1st Book for the Month of March will be
The GoldFinch by Donna Tartt

March Book of the Month



The author of the classic bestsellers *The Secret History* and *The Little Friend* returns with a brilliant, highly anticipated new novel. A young boy in New York City, Theo Decker, miraculously survives an accident that takes the life of his mother. Alone and abandoned by his father, Theo is taken in by a friend's family and struggles to make sense of his new life. In the years that follow, he becomes entranced by one of the few things that reminds him of his mother: a small, mysteriously captivating painting that ultimately draws Theo into the art underworld. Composed with the skills of a master, *The Goldfinch* is a haunted odyssey through present-day America, and a drama of almost unbearable acuity and power. It is a story of loss and obsession, survival and self-invention, and the enormous power of art"-

March Outing: Perkins



Friday, March 15th
12:00-1:30pm

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Pick up at 11:30
Please bring money for Outing

Lunch-In: McDonald's



Sign Up at the Front Desk

Sign up by 4:00pm Thursday.

**Please pay before you sign up and
please include tax.**

Friday, March 8th

12:00pm

In the Harvest Room

March Movies



Please see the Bulletin Board outside the Theater room for upcoming movie announcements. The receptionist can help with TV for HBO Max Movies, DVD's & Remote if needed. Feel free to put Movie ideas in our Movie Suggestion Box in the Theater by TV.
Thank You!

The Carol Burnett Series - Sat, March 2nd 2pm (DVD)

Horton Hear A Who? – Sun, March 3rd 2pm (MAX)

The Carol Burnett Series - Wed, March 6th 6pm (DVD)

The Lost City - Sat, March 9th 2pm (DVD)

Senior Moment - Sun, March 10th 2pm (DVD)

Grease - Wed, March 13th 6pm (DVD)

Brooklyn - Sat, March 16th 2pm (MAX)

Celestic Voyage - Sun, March 17th 2pm (MAX)

The Carol Burnett Series - Wed, March 20th 6pm (DVD)

Priscilla - Sat, March 23rd 2pm (MAX)

Because of Winn-Dixie - Sun, March 24th 2pm (DVD)

Stand by Me - Wed, March 27th 6pm (DVD)

Easter Sunday - Sat, March 30th 2pm (DVD)

Easter Sunday - Sun, March 31st 2pm (DVD)

Monthly Meetings

Resident Council

Meets at 10:00am First Monday of the Month in the
Harvest Room

Residents Only

Monday, March 4th

Food Forum

Meets at 10:00am Thursdays before All Resident Meeting
Theater

Dining Manager

Thursday, March 14th

All Residents Meeting

Meets at 10:00am 3rd Wednesday of the Month in the
Theater

All Management Staff & Residents

Wednesday, March 20th

Activity Meeting

Meets at 10:00am 3rd Friday of the Month in Art Studio
Life Enrichment Manager

Friday, March 22nd

March Happy Hour

Music Specials



Happy Hour & Monthly Birthday with J&J Music

Thursday, March 14th

2:00pm

Dining Room

March Dress Up Days

Friday 1st – Dr. Seuss/Striped Day****

Friday 8th – Wear **Shamrock Green**

Thursday 14th –Wear **Green/Gold**

Friday 15th – Wear **Lucky Shirt**

Friday 22nd –Wear **Spring Gear**

Thursday 28th – Wear **Pastel Colors**

Friday 29th –Good Friday,WearBlack****

Sunday 31st – Wear **Easter Outfit**



Grief Support Series

Wednesday, March 6th at 10:30



If you would like to listen or have any questions,
please join us in the Harvest Room.

If you have a hidden talent or have an interesting story to share or if you know of someone at Seasons at Maplewood or a speaker about something informative, please let us know so we can have you in the Monthly Spotlight.

Please contact: Life Enrichment Team at (651) 760-3510



Veteran's Group

(Meets 2nd Wednesday of every Month)

Wednesdays

10:30am

Harvest Room

March 13th



Catholic Services in Theater

1st Tuesday of the Month

Resident Led Rosary at 2:45pm

1st Wednesday of the Month

St. Peters Catholic Mass with Father at 3:00pm

Tuesdays at 2:45pm & 3:00pm

St. Peters Rosary & Catholic Word &
Communion

Thursdays 11:00am

Temporarily looking for volunteer to Lead
Resident Led Rosary. If you are interested,
please contact Life Enrichment!

ECUMEN[®]

Seasons at Maplewood

Core Value of the Month

March

In the Month of **March**, we will focus on **Empower-Selfless Acts**



This Month we will have you fill out a slip with name of Ecumen Staff or Resident that gave exceptional service. We will give them a gift & acknowledge them the beginning of each month.

Make sure you give the front desk the name of the person so we can keep track of everyone for the month. Every month we will have an appreciation ceremony & hand out certificates to

Thank them for going Above & Beyond!

HonorServeInnovateEmpower

We are recognizing employees that support our mission to advocate for older adults.

If you have any questions, please contact Lynn in Life Enrichment



Shopping Bus Loops

New Trax offers Shopping/Outing

Bus Trips on Tuesdays at 9:50am for
Seasons at Maplewood Residents with a
Voluntary Donation...Pay what you wish.

Sign up at the front desk if you're interested.

Please see Map & info of Maplewood/
North St. Paul area Loop. Once you are picked
up, Let the driver know which stop
you wish to visit. You will have approximately
1 hour at your destination once you are dropped
off. Your driver will communicate about what
time they will return for your ride home. Please
be on time, Thank You.



Schwan's/YELLOH in the Lobby

**Schwan's is now YELLOH! will be
stopping by in the Lobby every
other Monday between
10:15 to 10:45am**

March 4th & 18th

You can place an order ahead of time at
yellowh.com or call (1-888)724-9267

Check or Credit/Debit Cards only *NO CASH



Volunteers wanted to help create welcome baskets for our new residents at SAM.

Items needed are:

- Toilet paper
- Toiletries (travel size toothpaste, toothbrush, mouthwash, dental floss, Kleenex)
- Garbage bags
- Crossword puzzles/word finds.
- Hand soap
- Notepad/pen
- Chapstick
- Lotion
- Laundry detergent (sample size)
- Snacks (granola bars, rice Krispie treats, a bottled water, etc...)

Any donations would be greatly appreciated to help our new residents feel at home while settling in. Thank you so much!!!



Transportation Numbers

Metro Mobility Bus- 651-602-1120

- **Fill out form**
- **Get a ToGo pass with debit card and deposit onto it.**

T-Plus Aide Cab - 612-331-8294

- **Must have membership with Metro Mobility**
- **\$5 cash for any medical trip**
- **Pickup ride more reliable**

Transit Link – 651-602-5465

- **\$4.50 Weekdays**
- **\$3.50 off peak**
- **Cash or Go To Card from Metro Mobility**

The Easter Egg

**Jack taught a Sunday School class of boys. Ten sixth graders, they were.
The boys were rambunctious... all but one,
Who sat alone like an abandoned cur.**

**Timmy sat alone. He was different. He just didn't seem to fit in.
He had Down's Syndrome. The boys teased him while wearing a grin.**

**Jack noticed. He wanted to help Timmy do
Something to be 'one of the boys. He had an idea that was cool.**

**He got 10 eggs from L'eggs pantyhose; one for each boy.
One Sunday, he sent them outside to put in their egg, something, not a toy,**

**Something representing new life. Outside the boys ran around.
They put in their eggs some items they had found.**

**Easter morning, they gathered to see what was inside
Each egg. Jack opened one, he found a flower and pride**

**Filled one boy's voice as he said, "That's mine!"
As Jack opened the eggs one by one, each boy was thrilled and shined.**

**Jack opened one - there was nothing inside.
Timmy said it was his. The boys together cried,**

**"He didn't understand. No one helped him outside the room!"
Jack asked Timmy why his egg was empty. Timmy said, "Jesus is not in the tomb!"**

**"He's alive! He is New Life!" The boys were suddenly silent.
And though he was a little boy with Down's Syndrome, he looked vibrant.**

**Timmy had many health issues and before long he died.
He was missed in class, some boys even cried.**

**After the funeral, nine boys went up to the casket.
Each boy placed an empty egg on it.**

**They never forgot the meaning of the empty egg.
Rhoda Nelson**

The Easter Bunny will be Hopping by
The Great Room on
Thursday, March 28th
Happy Hour

