



# JANUARY

2024

## NEWSLETTER



ECUMEN<sup>®</sup>

Seasons at Maplewood

# Activities for January

## Show & Tell

**Tuesday, 9<sup>th</sup> at 1:00pm – Great Room**

Come to the Great Room & bring something special that you made or that you would like to show off or bring a picture to share.

## Tech Time

**Tuesday, 9<sup>th</sup> at 1:00pm – Great Room**

If you need help with your Android, iPhone, or any device please come down to the Great Room and we'll help assist you.

## Art Class

**Tuesday, 16<sup>th</sup> at 1:00pm – Activity Room**

Come down and join us and create your Holiday Craft

## Manicures

**Monday, 8<sup>th</sup> at 1:00pm – Art Room**

If you would like to get a manicure, sign up at the front desk.

## Massage

**Friday, 26<sup>th</sup> 10:30 – Harvest Room**

If you would like to get a massage, sign up at the front desk.

## Sewing/Mending Available

**Friday, 26<sup>th</sup> 11am – Activity Room**

Please contact Activity Staff if you have any items to be mended.

Thank You!

# **January Outing**

**Treasure Island Casino**



**Friday, January 19<sup>th</sup>**

**11am to 4pm**

Pick up at 10:30am

Please bring money for Outing

Sign up at the Front Desk

# Lunch-In: Tono's Pizza



## Sign Up at the Front Desk

Please pay when you Sign up, Menu at the Front Desk

Sign up by 4:00pm Thursday, 11<sup>th</sup>.

**Friday, January 12<sup>th</sup>**

**12:00pm**

**In the Harvest Room**

# January Movies



Please see the Bulletin Board outside the Theater room for upcoming movie announcements. The receptionist can help with TV for HBO Max Movies, DVD's & Remote if needed. Feel free to put Movie ideas in our Movie Suggestion Box in the Theater by TV.  
Thank You!

**THEATER ROOM IS STILL UNDER  
CONSTRUCTION UNTIL FURTHER  
NOTICE!**



# **Monthly Meetings**

## **Resident Council**

Meets at 10:00am First Monday of the Month in the  
Harvest Room

Monday, January 8<sup>th</sup>

## **Food Forum**

Meets at 10:00am Thursdays before All Resident Meeting  
Harvest Room

Ron (Chef Manager)

Thursday, January 11<sup>th</sup>

## **All Residents Meeting**

Meets at 10:00am 3<sup>rd</sup> Tuesday of the Month in the  
Harvest Room

All Management Staff

Tuesday, January 16<sup>th</sup>

## **Activity Meeting**

Meets at 10:00am 3<sup>rd</sup> Friday of the Month in Art Studio

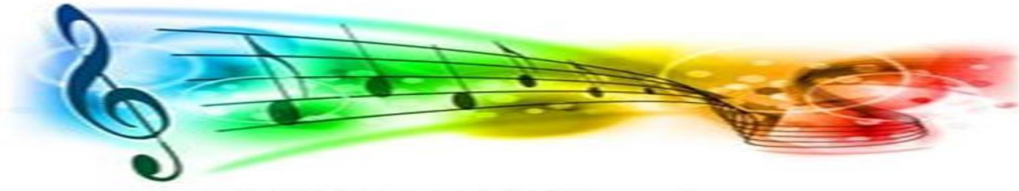
Life Enrichment Manager - Lynn

Friday, January 19<sup>th</sup>

# January

## Happy Hour

### Music Specials



**Happy Hour & Monthly Birthday & Welcome New Residents with Elvis**

**Thursday, January 11<sup>th</sup>**

**2:00pm**

Dining Room



# January Dress Up Days

**Friday 5<sup>th</sup>, Silver and Gold**

**Thursday 11<sup>th</sup>, Rock and Roll Gear**

**Friday 12<sup>th</sup>, Black and Blue**

**Friday 19<sup>th</sup>, Bright Colors**

**Friday 26<sup>th</sup>, Sweat Outfits**





## Grief Support Series



If you would like to listen or have any questions,  
please join us in the Harvest Room.

If you have a hidden talent or have an interesting story to share or if you know of someone at Seasons at Maplewood or a speaker about something informative, please let us know so we can have you in the Monthly Spotlight.

Please contact: Life Enrichment Team at (651) 760-3510



# Veteran's Group

(Meets 2<sup>nd</sup> Wednesday of every Month)

Wednesdays

10:30am

Harvest Room

January 10<sup>th</sup>



# Catholic Services in Theater

1<sup>st</sup> Tuesday of the Month

Resident Led Rosary at 2:45pm

1<sup>st</sup> Wednesday of the Month

St. Peters Catholic Mass with Father at 3:00pm

Tuesdays at 2:45pm & 3:00pm

St. Peters Rosary & Catholic Word &  
Communion

Thursdays 11:00am

Resident Led Rosary

# ECUMEN<sup>®</sup>

## Seasons at Maplewood

### Core Value of the Month

### January

In the Month of January, we will focus on Innovate/Team Building



This Month we will have you fill out a slip with name of Ecumen Staff or Resident that gave exceptional service. We will give them a gift & acknowledge them the beginning of each month.

Make sure you give the front desk the name of the person so we can keep track of everyone for the month. Every month we will have an appreciation ceremony & hand out certificates to  
Thank them for going Above & Beyond!

**HonorServeInnovateEmpower**

We are recognizing employees that support our mission  
to advocate for older adults.

If you have any questions, please contact Lynn in Life Enrichment



## Shopping Bus Loops

New Trax offers Shopping/Outing

Bus Trips on Tuesdays at 9:50am for  
Seasons at Maplewood Residents with a  
Voluntary Donation...Pay what you wish.

Sign up at the front desk if you're interested.

Please see Map & info of Maplewood/  
North St. Paul area Loop. Once you are picked  
up, Let the driver know which stop  
you wish to visit. You will have approximately  
1 hour at your destination once you are dropped  
off. Your driver will communicate about what  
time they will return for your ride home. Please  
be on time, Thank You.



**Schwan's is now YELLOH! will be  
stopping by in the Lobby every  
other Monday between  
10:15 to 10:45am**

You can place an order ahead of time at  
[yelloh.com](http://yelloh.com) or call (1-888)724-9267.  
**Check or Credit/Debit Cards only \*NO CASH**



**Schwan's/YELLOH!**  
**in the Lobby**

**January 8<sup>th</sup> & 22<sup>nd</sup>**

**Check or Credit/Debit Cards only \*NO CASH**



**Volunteers wanted to help create welcome baskets for our new residents at SAM.**

**Items needed are:**

- Toilet paper
- Toiletries (travel size toothpaste, toothbrush, mouthwash, dental floss, Kleenex)
- Garbage bags
- Crossword puzzles/word finds.
- Hand soap
- Notepad/pen
- Chapstick
- Lotion
- Laundry detergent (sample size)
- Snacks (granola bars, rice Krispie treats, a bottled water, etc...)

Any donations would be greatly appreciated to help our new residents feel at home while settling in. Thank you so much!!!





# **Transportation Numbers**

## **Metro Mobility Bus- 651-602-1120**

- **Fill out form**
- **Get a ToGo pass with debit card and deposit onto it.**

## **T-Plus Aide Cab - 612-331-8294**

- **Must have membership with Metro Mobility**
- **\$5 cash for any medical trip**
- **Pickup ride more reliable**

## **Transit Link – 651-602-5465**

- **\$4.50 Weekdays**
- **\$3.50 off peak**
- **Cash or Go To Card from Metro Mobility**